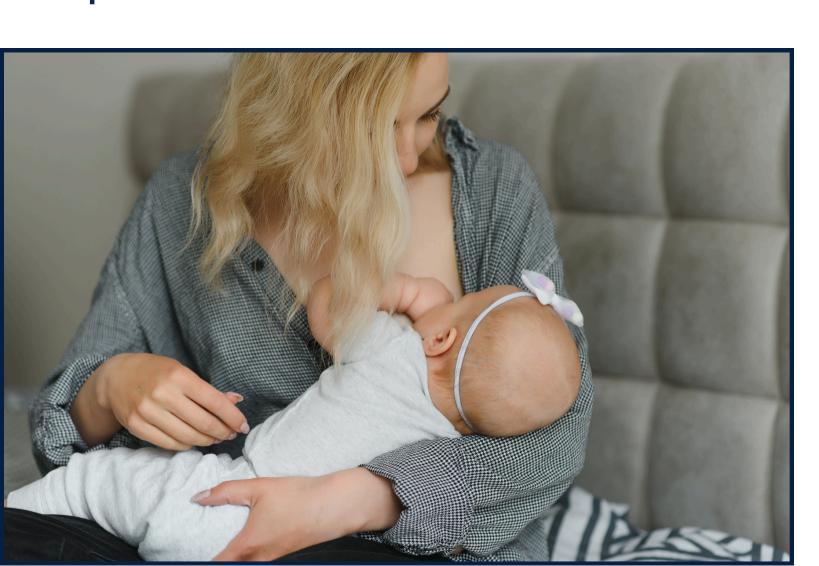# BREASTFEEDING
And CANNABIS

Cannabis May remain in the body for an extended period. Expressing and discarding breast milk will not eliminate the potential effects of cannabis on your child. If you are using cannabis to manage pain, anxiety, nausea, or other medical conditions while breastfeeding, **consult a healthcare provider** to discuss safer alternatives.

INFORMATION
And RESOURCES

DMH
MISSISSIPPI DEPARTMENT OF MENTAL HEALTH

For help with Addiction Treatment or to explore services, call **601-359-1288** or visit **dmh.ms.gov**

MISSISSIPPI
POISON
CENTER

In the event of an accidental cannabis or hemp poisoning, call **MS Poison Control Center** at **1-800-222-1222**

Scan or visit **3MAms.org/health** for more safe-use information.

PREGNANCY
AND CANNABIS

Mississippi Medical
CANNABIS
Program

MISSISSIPPI
MEDICAL MARIJUANA
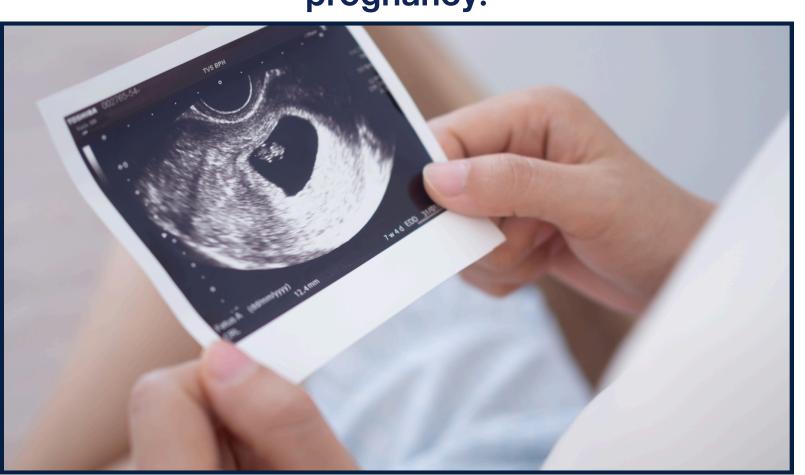ASSOCIATION
3MA

THE UNIVERSITY OF
MISSISSIPPI
1848

National Center for
Cannabis Research
and Education

Know for your baby.
Pause for your baby.

For the health and well-being of your baby, choosing not to use cannabis while pregnant is **strongly recommended.** Whether you are pregnant, breastfeeding, or planning for pregnancy, cannabis consumption in any form - including smoking, edibles or gummies - may pose significant risks to fetal and infant development. **Currently, no amount or form of cannabis is considered safe during pregnancy.**

YOUR BABY
And CANNABIS

Medical Evidence indicates that using cannabis during pregnancy or nursing, and exposing children or infants to secondhand smoke, raises the risk of the following conditions:

- **Stillbirth**
- **Sudden Infant Death Syndrome (SIDS)**
- **Intrauterine Growth Retardation**
- **Congenital Malformations**
- **Impaired Development**
- **Low Birth Weight**
- **Gestational Diabetes**
- **Decreased Reasoning and Problem-Solving Skills**
- **Decreased Memory and Attention Function**
- **Hyperactivity**

Visit **3MAms.org/health** for more safe-use information.

MORNING SICKNESS
And CANNABIS

No current medical evidence supports cannabis as a remedy for morning sickness, and using it poses **severe** and **potentially fatal risks.** Consult your healthcare provider for safe alternatives to relieve morning sickness.