



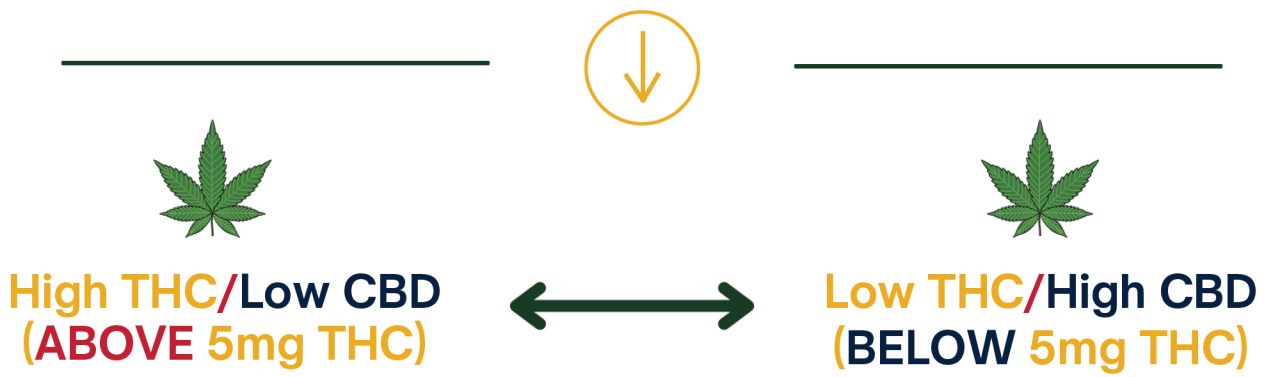
MISSISSIPPI
MEDICAL MARIJUANA
ASSOCIATION

CANNABIS BASICS



Start low. Go slow.

Cannabis effects differ individually and can be influenced by health conditions, physical state, interactions with substances, and tolerance. Medical Cannabis users should consult with their licensed practitioner for tips on safe and effective use.



→ **Dried flower:** 5-30% THC concentration; typically smoked or vaped

→ **Vape pens:** use oil, or dry herb

→ **Consumables:** gummies, cooked or baked foods (5-25 mg THC)

→ **Concentrates:** 40 - 60% THC



Smoking

Takes effect: 2 - 10 minutes
Peaks: 30 - 50 minutes
Effects lasts: 4 - 6 hours

Suppositories

Takes effect:
Peaks:
Effects lasts:



Vaping

Takes effect: 2 - 10 minutes
Peaks: 30 - 50 minutes
Effects lasts: 4 - 6 hours

Topicals

Takes effect:
Peaks:
Effects lasts:



Edibles

Takes effect: 1- 3 hours
Peaks: 3 hours
Effects lasts: Up to 24 hours

If you think you or someone else may have cannabis poisoning or toxicity, call The Mississippi Poison Center at 1(800)222-1222. If the person is unconscious or non-responsive, call 911.